



Ingredients and Allergens List - Cake Box 2023

Last update June 2023 (E.& O.E)

This list is updated when ingredients change or new cakes are added.

Please check regularly to ensure your copy is current as Cake Box does not take responsibility if you use information that is not current.

IMPORTANT- Although some products may be suitable for customers with minor food intolerances – all products are made on the SAME PREMISES. All care is taken to not cross contaminate however we STRONGLY recommend severe allergy sufferers do not eat our products, or do so at own risk.

NUTS: All products are produced in a facility that handles nuts, including peanuts.

SOY: No soy is added to any product, but is usually present in margarine and vegetable oil.

FLOURLESS PRODUCTS: These products are produced GLUTEN FREE, however Wheat Flour is used on site and air-born particles MAY be present in these products.

CAKES

Choc Bomb Delight

Wheat Flour, Sugar, Egg, Water, Margarine, Canola Oil, Chocolate, Milk Solids, Cocoa, Icing Sugar, Cream, Vanilla Essence, Emulsifier, Raising Agent, Salt.

Allergens: Wheat, Egg, Dairy, Soy, Nut traces

Carrot Cake

Wheat Flour, Carrot, Sugar, Canola Oil, Cream Cheese, Egg, Icing Sugar, Pineapple, Walnuts, Pecans, Coconut, Dried Apricots, Margarine, Butter, Pumpkin Seeds, Cinnamon, Raising Agent, Lemon Juice, Vanilla.

Allergens: Wheat, Egg, Dairy, Soy, Nuts, Sulphite.

Hummingbird

Wheat Flour, Sugar, Milk Solids, Raising Agents, Canola Oil, Water, Pineapple, Butter, Banana, Eggs, Cinnamon, Cream Cheese, Icing Sugar, Lemon Juice, Vanilla, Malt Extract, Salt, Walnuts.

Allergens: Wheat, Egg, Dairy, Soy, Nuts

Black Forrest

Wheat Flour, Sugar, Eggs, Canola Oil, Milk Solids, Water, Cream, Chocolate, Sour Cherry, White Chocolate, Icing Sugar, Kirsch Liqueur, Maraschino Cherries, Non Dairy Whip, Gel, Raising Agent, Salt.

Allergens: Wheat, Egg, Dairy, Soy, Nut traces

Red Velvet Wheat Flour, Sugar, Cocoa, Canola Oil, Maltodextrin, Potato Flour, Milk Solids, Salt, Raising Agent, Natural Flavour, Colour, Egg, Water, Cream Cheese, White Chocolate, Butter, Icing Sugar.

Allergens: Wheat, Egg, Dairy, Soy, Nut traces

Orange Almond Tea Cake (Flourless) Almond Meal, Rice Flour, Sugar, Orange Pulp, Eggs, Gluten Free Baking Powder, Almonds, Orange, Flan Gel

Allergens: Egg, Nuts

CHEESECAKES

Baked New York

Flour, Sugar, Cream Cheese, Egg, Cream, Margarine, Biscuit Crumb, Icing Sugar.

Allergens: Wheat, Dairy, Egg, Soy.

Kahlua & Hazelnut

Cream, Non Dairy Whip, Cream Cheese, Sugar, Water, Biscuit Crumb, Lemon, Margarine, Yoghurt, Butter, Oats, Kahlua Flavour, Coffee, White Chocolate, Hazelnut, Flan Gel, Gelatine.

Allergens: Wheat, Dairy, Soy, Nuts.

Cherry Berry

Cream, Non Dairy Whip, Cream Cheese, Sugar, Water, Biscuit Crumb, Lemon, Oats, Margarine, Yoghurt, Butter, Flan Gel, Mixed Seasonal Berries, Cherry Liqueur, and Gelatine.

Allergens: Wheat, Dairy, Soy.

Lemon Mango

Thickened Cream, Non Dairy Whip, Cream Cheese, Sugar, Yoghurt, Water, Biscuit Crumb, Margarine, Butter, Lemon, Mango Pulp, Mango, Oats, Flan Gel, Icing Sugar, Lemon Rind, Lemon Curd, Gelatine.

Allergens: Wheat, Dairy, Soy.

TARTS & PIES

Lemon Lime Tart

Egg, Cream, Sugar, Wheat Flour, Margarine, Lemon, Lime, Flan Gel, Icing Sugar, Flavour.

Allergens: Wheat, Egg, Dairy, Soy

Salted Caramel Nut Tart

Margarine, Condensed Milk, Golden Syrup, Assorted Seasonal Nuts (incl. Peanuts), Wheat Flour, Canola Oil, Water, Sugar, Egg, Chocolate, Cream, Honey, Icing Sugar, Vanilla, Salt.

Allergens: Wheat, Egg, Dairy, Soy, Honey, Nuts (including Peanuts)

Rhubarb, Apple & Raspberry Tart

Apple, Wheat Flour, Sugar, Rhubarb, Raspberry, Egg, Flan Gel, Margarine, Vanilla.

Allergens: Wheat, Egg, Soy, Sulphite.

Homemade Apple Pie

Apple, Wheat Flour, Sugar, Egg, Margarine, Cinnamon, Raising Agent, Thickening Agent.

Allergens: Wheat, Egg, Soy, Sulphite.

Lemon Meringue Pie Sugar, Condensed Milk, Egg, Lemon Juice, Wheat Flour, Cream, Margarine, Flavour

Allergens: Wheat, Egg, Dairy, Soy.

Ricotta Plum & Blackberry Tart

Biscuit Crumb, Margarine, Ricotta, Apple, Oats, Blackberry, Sugar, Flan Gel, Icing Sugar, Plum, Corn Flour, Lemon Juice, Salt, Vanilla, Egg.

Allergens: Wheat, Dairy, Soy, Egg, Sulphite.

PASTRIES

Choc Croissant

Wheat Flour, Butter, Water, Chocolate, Sugar, Yeast, Whole Milk Powder, Salt, Wheat Gluten, Emulsifier.

Allergens: Wheat, Dairy, Soy, Nut Traces.

Croissant - large

Wheat Flour, Butter, Water, Sugar, Yeast, Whole Milk Powder, Salt, Wheat Gluten, Emulsifier.

Allergens: Wheat, Dairy, Soy.

Apricot Danish

Wheat Flour, Margarine, Water, Yeast, Eggs, Salt, Sugar, Wheat Gluten, Emulsifier, Apricots, Custard, Flan Gel.

Allergens: Wheat, Dairy, Egg, Soy.

Escargot

Wheat Flour, Margarine, Water, Sugar Syrup, Yeast, Eggs, Salt, Wheat Gluten, Emulsifier, Custard, Sultanas.

Allergens: Wheat, Dairy, Egg, Soy.

Apple Strudel

Apple, Sugar, Flour, Margarine, Clear Gel, Water, Custard, Almonds, Salt, Egg, Cinnamon.

Allergens: Wheat, Dairy, Egg, Sulphite, Nuts, Soy.

Chocolate Éclair

Egg, Flour, Margarine, Water, Cream, Icing Sugar, Clear Gel, Custard, Chocolate, Vanilla.

Allergens: Wheat, Dairy, Egg, Soy and Nut traces.

Continental Vanilla Slice

Custard, Flour, Margarine, Fondant, Salt, Chocolate

Allergens: Wheat, Dairy, Egg, Soy, Nut Traces

SAVOURIES

Lorraine Quiche (12cm)

Wheat Flour, Soya Flour, Egg, Emulsifiers, Vegetable Oil, Salt, Milk, Onion, Bacon, Cheddar Cheese.

Allergens: Wheat, Dairy, Egg, Soy.

Spinach & Feta Quiche (12cm)

Egg, Wheat Flour, Soya Flour, Emulsifiers, Vegetable Oil, Salt, Milk, Spinach, Onion, Cheddar Cheese, Feta Cheese.

Allergens: Wheat, Dairy, Egg, Soy.

Chunky Steak Pie

Beef, Wheat Flour, Water, Canola Oil, Milk Solids, Onion, Margarine, Maize Starch, Tomato Paste, Seasoning, Salt, Spices, Glaze.

Allergens: Wheat, Dairy, Soy.

Traditional Sausage Roll

Wheat Flour, Beef Mince, Canola Oil, Margarine, Breadcrumbs, Rice Flour, Salt, Spices, Onion, Tomato, Glaze, Mustard, Spice.

Allergens: Wheat, Dairy, Soy.

Spinach & Ricotta Roll

Ricotta Cheese, Wheat Flour, Margarine, Spinach, Canola Oil, Milk Solids, Flavours, Water, Cheese, Rice, Bread Crumbs, Salt, Onion, Poppy Seeds, Spices, Mustard, Glaze.

Allergens: Wheat, Dairy, Soy.

SCONES

Plain Scones

Wheat Flour, Sugar, Non-Fat Milk Solids, Raising Agent, Milk, Canola Oil, Salt.

Allergens: Wheat, Dairy, Soy.

Fruit Scones

Wheat Flour, Sugar, Non-Fat Milk Solids, Raising Agent, Milk, Sultana's, Canola Oil, Salt.

Allergens: Wheat, Dairy, Soy.

BABY LOAVES

Orange & Pistachio (Flourless)

Almond Meal, Rice Flour, Oranges, Sugar, Egg, Flan Gel, Pistachio Nuts, Mandarin, Vanilla, Gluten Free Raising Agents.

Allergens: Egg, Nuts.

Wild Berry (Flourless)

Almond Meal, Rice Flour, Oranges, Sugar, Egg, Cream Cheese, Cranberry, Lemon, Blueberries, Sugar Icing, Flan Gel, Gluten Free Raising Agent.

Allergens: Dairy, Egg, Soy, Nuts.

Carrot

Wheat Flour, Carrot, Sugar, Canola Oil, Egg, Pineapple, Cream Cheese, Dried Apricots, Sultana, Icing Sugar, Coconut, Walnuts, Pecans, Pumpkin Seeds, Sunflower Seeds, Margarine, Cinnamon, Raising Agent, Lemon Juice.

Allergens: Wheat, Egg, Dairy, Soy, Nuts, Sulphite.

Pear Blueberry (Flourless)

Pear, Blueberry, Sugar, Egg, Almond Meal, Cream Cheese, Sugar Icing, Polenta, Oranges, Flan Gel, Gluten Free Raising Agent.

Allergens: Dairy, Egg, Soy, Nuts.

Red Velvet

Wheat Flour, Sugar, Cocoa, Canola Oil, Vegetable Fat, Maltodextrin, Potato Flour, Milk Solids, Salt, Raising Agent, Natural Flavour, Colour, Egg, Water, Cream Cheese, Chocolate, Almond Meal, Icing Sugar.

Allergens: Wheat, Egg, Dairy, Soy, Nuts

LOGS

Lemon Coconut

Wheat Flour, Butter, Canola Oil, Oranges, Eggs, Sugar, Margarine, Cream, Icing Sugar, Cream Cheese, Lemon Juice, Shredded Coconut, Raising Agent.

Allergens: Wheat, Egg, Dairy, Sulphite, Soy.

Bacci

Wheat Flour, Sugar, Egg, Margarine, Chocolate, Milk Solids, Cocoa, Water, Icing Sugar, Cream, Toffee, Hazelnut, Vanilla, Raising Agent, Salt.

Allergens: Wheat, Egg, Dairy, Soy, Nuts.

Orange & Almond (Flourless)

Almond Meal, Rice Flour, Sugar, Orange Pulp, Eggs, Cream Cheese, Margarine, Icing Sugar, Gluten Free Baking Powder, Vanilla, Orange.

Allergens: Dairy, Egg, Nuts, Soy.

Coconut Lime

Wheat Flour, Butter, Canola Oil, Orange, Eggs, Sugar, Margarine, Cream, Cream Cheese, Icing Sugar, Shredded Coconut, Lime, Flan Gel, Raising Agent.

Allergens: Wheat, Egg, Dairy, Sulphite, Soy.

Blueberry Ricotta Crumble

Cream, Cream Cheese, Ricotta, Sugar, Egg, Wheat Flour, Margarine, Biscuit Crumb, Blueberries, Oats, Coconut, Flan Gel, Raising Agent, Icing Sugar, Flavour.

Allergens: Wheat, Egg, Dairy, Sulphite, Soy.

BREADS

Banana Bread

Wheat Flour, Sugar, Baking Powder, Salt, Canola Oil, Eggs, Banana.

Allergens: Wheat, Eggs, Soy.

Banana Walnut Bread (Flourless)

Sugar, Starches, Soy Flour, Rice Flour, Modified Starch, Soy Protein, Gluten Free Raising Agents, Thickeners, Dextrose, Salt, Canola Oil, Eggs, Banana, Walnuts

Allergens: Eggs, Nuts, Soy.

Lamingtons

Wheat Flour, Sugar, Whipping Agent, Raising Agents, Milk Solids, Vegetable Oil, Salt, Vegetable Gum, Soy Flour, Dextrose, Natural Flavour, Emulsifier, Colour, Sugar, Cocoa Powder, Gelatin, Thickener, Vegetable Oil, Coconut.

Allergens: Wheat, Dairy, Soy, Sulphite.

MUFFINS: SWEET

Apple & Cinnamon

Wheat Flour, Sugar, Canola Oil, Water, Egg, Raising Agent, Apple, Cinnamon.

Allergens: Wheat, Egg, Dairy, Soy, Sulphite.

Blueberry & Apple

Wheat Flour, Milk, Blueberry, Sugar, Canola Oil, Water, Egg, Apple, Raising Agent.

Allergens: Wheat, Egg, Dairy, Soy, Sulphite.

Double Choc

Wheat Flour, Sugar, Canola Oil, Water, Egg, Raising Agent, Chocolate.

Allergens: Wheat, Egg, Dairy, Soy, Nut traces.

Orange & Poppy Seed

Wheat Flour, Sugar, Canola Oil, Water, Egg, Orange, Raising Agent, Poppy Seed.

Allergens: Wheat, Egg, Dairy, Soy.

Lemon Crumble

Wheat Flour, Sugar, Canola Oil, Water, Egg, Raising Agent, Margarine, Lemon Pulp, Lemon Curd, Coconut.

Allergens: Wheat, Egg, Dairy, Soy, Sulphite.

Strawberry White Chocolate

Wheat Flour, Sugar, Canola Oil, Strawberries, Water, Egg, White Chocolate, Raising Agent.

Allergens: Wheat, Egg, Dairy, Soy, Nut traces.

Raspberry White Choc Crumble

Wheat Flour, Sugar, Canola Oil, Water, Egg, Raising Agent, Raspberries, Coconut, Margarine, White Chocolate

Allergens: Wheat, Egg, Dairy, Soy, Sulphite, Nut traces

MUFFINS: FLOURLESS

Banana & Walnut Flourless

Sugar, Starches, Soy Flour, Rice Flour, Modified Starch, Soy Protein, Gluten Free Raising Agents, Egg, Thickeners, Dextrose, Salt, Canola Oil, Banana, Walnuts.

Allergens: Eggs, Nuts, Soy.

Choc Chip (Flourless)

Sugar, Starches, Rice Flour, Soy Flour, Soy Protein, Gluten Free Raising Agents, Salt, Dextrose, Canola Oil, Eggs, Sugar, Chocolate Paste, Choc Chips.

Allergens: Dairy, Egg, Soy, Nut Traces.

Wildberry (Flourless)

Sugar, Starches, Rice Flour, Soy Flour, Soy Protein, Gluten Free Raising Agents, Salt, Dextrose, Canola Oil, Eggs, Sugar, Seasonal Berries.

Allergens: Egg, Soy.

MUFFINS: SAVOURY

Cheese, Chives & Onion

Flour, Canola Oil, Milk, Egg, Cheddar Cheese, Chives, Onion, Parmesan Cheese, Salt.

Allergens: Wheat, Dairy, Egg, Soy.

Pumpkin and Feta

Wheat Flour, Pumpkin, Milk, Onion, Cheese Cheddar, Feta, Egg, Canola Oil, Raising Agent, Salt.

Allergens: Wheat, Egg, Dairy, Soy.

Spinach & Ricotta

Wheat Flour, Canola Oil, Milk, Egg, Cheddar Cheese, Ricotta, Spinach, Salt.

Allergens: Wheat, Dairy, Egg, Soy.

Bacon, Cheese & Onion

Wheat Flour, Canola Oil, Milk, Egg, Diced Bacon, Cheddar Cheese, Onion, Salt, Raising Agent.

Allergens: Wheat, Egg, Dairy, Soy.

PETITES

Petite Choc Overload

Sugar, Wheat Flour, Canola Oil, Chocolate, Egg, Milk Powder, Cream, Raising Agents, Snow sugar, Cocoa Powder.

Allergens: Wheat, Egg, Dairy, Soy, Nut traces.

Petite Berry Burst (Flourless)

Almond Meal, Rice Flour, Oranges, Sugar, Egg, Cream Cheese, Cranberry, Lemon, Blueberries, Sugar Icing, Flan Gel, Gluten Free Raising Agent.

Allergens: Egg, Dairy, Soy, Nuts.

Petite Carrot

Wheat Flour, Sugar, Carrot, Canola Oil, Pineapple, Cream Cheese, Butter, Cream, Icing Sugar, Pumpkin Seeds, Sunflower Seeds, Coconut, Egg, Walnuts, Pecans, Dried Apricot, Raising Agents, Cinnamon.

Allergens: Wheat, Egg, Dairy, Soy, Nuts, Sulphite.

Petite Lime & Coconut

Wheat Flour, Butter, Canola Oil, Orange, Eggs, Sugar, Margarine, Cream, Cream Cheese, Icing Sugar, Shredded Coconut, Lime, Raising Agent.

Allergens: Wheat, Egg, Dairy, Sulphite, Soy.

Petite Red Velvet

Wheat Flour, Sugar, Cocoa, Canola Oil, Vegetable Fat, Maltodextrin, Potato Flour, Milk Solids, Salt, Raising Agent, Natural Flavour, Colour, Egg, Water, Cream Cheese, White Chocolate, Icing Sugar.

Allergens: Wheat, Egg, Dairy, Soy, Nut traces.

CUPCAKES

Plain Vanilla

Wheat Flour, Eggs, Sugar, Raising Agent, Milk Solids, Margarine, Vanilla, Icing Sugar, Coloured Sprinkles.

Allergens: Wheat, Egg, Dairy, Soy.

Plain Chocolate

Wheat Flour, Eggs, Sugar, Raising Agent, Milk Solids, Cocoa, Chocolate, Margarine, Icing Sugar, Chocolate Sprinkles.

Allergens: Wheat, Eggs, Dairy, Soy, Nut traces.

Celebration Ribbon Only

RTR Icing, Chocolate.

Allergens: Nut traces.

TARTLETS

Berry Custard

Cream, Egg, Wheat Flour, Sugar, Raspberry, Flan Gel, Milk, Blueberry, Icing Sugar, Margarine, Vanilla.

Allergens: Wheat, Egg, Dairy, Soy.

Lemon Meringue

Egg, Sugar, Wheat Flour, Cream, Icing Sugar, Lemon Juice, Flan Gel, Margarine.

Allergens: Wheat, Egg, Dairy, Soy.

Blueberry Apple Crumble

Apple, Wheat Flour, Blueberry, Sugar, Egg, Icing Sugar, Coconut, Corn Flour, Rice Flour, Margarine, Oats, Lemon Juice, Vanilla, Cinnamon.

Allergens: Wheat, Egg, Dairy, Soy, Sulphite.

Lime Custard

Egg, Sugar, Flour, Cream Whipping, Icing Sugar Non Melt, Lime, Lemon Juice, Flan Gel, Margarine, Vanilla

Allergens: Wheat, Egg, Dairy, Soy.

MINI TARTLETS

Fruit Tart

Mandarins, Strawberry, Kiwi, Water, Wheat Flour, Custard, Margarine, Sugar, Flan Gel, Chocolate, Egg, Raising Agent.

Allergens: Wheat, Dairy, Soy, Egg, Nut Traces.

Banana Caramel

Wheat Flour, Margarine, Sugar, Water, Egg, Chocolate, Cream, Canola Oil, Custard, Banana, Caramel, Salt, Almonds, Stabiliser, baking powder, Cocoa powder, dusting sugar

Allergens: Wheat, Dairy, Soy, Egg, Nuts.

SLICES

Caramel

Condensed Milk, Chocolate, Wheat Flour, Sugar, Golden Syrup, Cream, Coconut, Margarine, Raising Agent.

Allergens: Wheat, Dairy, Soy, Sulphite, Nut traces.

Chocolate Brownie

Chocolate, Wheat Flour, Sugar, Thickened Cream, Butter, Egg, Coconut, Almonds, Emulsifier, Salt, Margarine, Water, Canola Oil, Cocoa, Hazelnut, Icing Sugar, Raising Agents, Vanilla.

Allergens: Wheat, Egg, Dairy, Soy, Sulphite, Nuts.

Rocky Road

Compound Chocolate, Marshmallows, Peanuts, Canola Oil.

Allergens: Dairy, Soy, Peanuts.

Lemon Passion Delish

Sugar, Wheat Flour, Passion Fruit Pulp, Egg, Coconut, Margarine, Lemon Juice, Icing Sugar, Raising Agent.

Allergens: Wheat, Egg, Dairy, Soy, Sulphite.

COOKIES

Chocolate Chip

Wheat Flour, Margarine, Butter, Chocolate, Sugar, Egg, Vanilla, Raising Agent.

Allergens: Wheat, Egg, Dairy, Soy, Nut traces.

Macadamia

Wheat Flour, White Chocolate, Butter, Sugar, Egg, Margarine, Macadamia Nut, Vanilla, Raising Agent.

Allergens: Wheat, Egg, Dairy, Soy, Nuts.

Florentine

Condensed Milk, Corn Flakes, Peanuts, Sultanas, Chocolate, Cherries.

Allergens: Wheat, Dairy, Soy, Peanuts.

Anzac Biscuits

Wheat Flour, Sugar, Butter, Margarine, Oats, Golden Syrup, Coconut, Raising Agent.

Allergens: Wheat, Dairy, Sulphite, Soy

Smarty Pants

Wheat Flour, Sugar, Chocolate, Coloured chocolate drops, Margarine, Egg, Vanilla, Raising Agent.

Allergens: Wheat, Egg, Dairy, Soy, Nut traces.

Melting Moment

Wheat Flour, Margarine, Sugar Icing, Vanilla.

Allergens: Wheat, Soy.